

# eood

E Y E O N A R B O N N E

## CHOOSE TO LIVE YOUR DREAMS

Did you ever think that you knew how your life would turn out? Are you living out your dreams? It is not a coincidence that you are reading my story. I hope this leaves you with the belief that you can learn to dream again. I was blessed to meet my soul mate during our first year of medical school. For the past 13 years together, we dreamed of raising our kids in the mountains, volunteering on medical mission trips helping others around the world, and spending time with each other as we watched our children grow up. We were convinced that someday we would realize our dreams.

We worked hard and followed society's prescription for success. We went to college, graduated top of our class together in medical school, and were working successful careers as emergency physicians. We worked nights, weekends and holidays, and with two small children, we did a lot of parking lot hand-offs as we became two ships passing in the night. As I watched my children getting closer to school age, I was torn because they were going to be in school Monday through Friday while my husband and I worked nights. Life was a "rat race." Feeling overwhelmed, I tearfully told my husband "if this is success, you can have it." It was as if we had stopped dreaming and were just "surviving."

This is the time my friend introduced me to Arbonne. Initially skeptical, I had multiple excuses such as having no time, not wanting to "sell" anything to my friends and not knowing anybody. I also could not get over the thought that I was "above" this business. However, my friend had said something that I could not get out of my head: "If you keep doing what you are doing, where will you be in five years?" My husband encouraged me to take a look. What I found left me with the attitude of, "Who wouldn't want to do this business!" I saw a Plan B that I could build alongside my current job, and I jumped in so that my husband and I could someday have options to live the life we had dreamed of, instead of dreaming about the life we did not have. What I did not realize was that "someday" would never come for us.

On May 11 2008, I awoke to my worst nightmare. I received a phone call that the MedFlight Helicopter that my husband was working on as the flight physician



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had crashed and there were no survivors. In the blink of an eye, my life crashed down around me. Everything that I had dreamed of—my soul mate, the father of my children, the person I wanted to grow old with, travel with, do medical mission trips with, and raise our children with—was gone. I spent the next four months trying to piece what was left of our lives back together. During this time, I received a letter from a person who has been an inspiration to me. He is someone who understands adversity in its truest form. His words touched my broken heart and gave me hope. He wrote, "I've met a lot of people in my life who, you might remember from my talk, I call alchemists. They face terrible adversity and find a way to emerge, not just surviving, but flourishing. These people experience the pain and loss for the rest of

*continued...*

Stacey's Why.



Stacey's other Why.



Stacey with husband and soulmate, Dr. Darren Bean.



## success strategy:

“ No matter what life throws at you, choose to live your dreams, even when you have to learn to dance in the rain. ”

their lives, but, somehow, they don't allow that pain to grow into a weed. Instead their love and spirit enables it to bloom into a beautiful flower, which makes the world a better place for the living.” These words I choose to live by.

I now know that my Arbonne business is a gift. As physicians, my husband and I were both employed and self-employed, respectively. When we could no longer go in and work our shifts—what I call trading time for money—our paychecks stopped. During the four months that I was unable to work, my Arbonne paychecks were increasing because my team was working. I realized that if I went back to medicine and continued trading time for money, I could not replace both of our incomes, and my children, who had just lost their dad, would lose their mom to a full-time job. Finally, I was acutely aware given my husband's events, that if something were to happen to me, my employer would not provide for my children when I was gone. However, since my Arbonne business is willable, I am building an ongoing legacy for my kids.

Initially, it was a leap of faith to join this business. But I have been blessed to have Arbonne in my life. Four months after my husband's death, I chose to jump back into my business and build it with a “no matter what” and “never quit” attitude. I chose to help as many people as I can who want time back with their families and who choose to live the life they imagine instead of settling for what life brings them. I chose to make the world a better place for the living. My advice to those on this journey is to visualize your goals and commit to them with consistent daily effort. Work your business with integrity and compassion and believe in the possibilities. Life is too short to wait until some day.

My journey to Region is analogous to climbing a mountain with all of its beauty and challenges. I could not have done it without my rope team. There are many people who have helped and guided me along the way and, as part of my team, have either thrown me the rope or grabbed the rope when I threw it to them. I am so grateful for all of you and I will cherish your friendships for a lifetime.

To my incredible team: my sponsor, EDM Jill Foley; my first business builders, EDM Denise Mitton, Linda Dunk, and Sara Goldstein; EAM Toni McCarvel, AM Claudia Arn-Peterson, DM Dr. Kimberly Lunaas, DM Abbie Franke, DM Georgi Schwandt, DM Heather Hardy, DM Rebecca Kendziorski, DM Mandi Adams, EDM Marilyn Rotzoll, DM Judy Schmidt, DM Barb Spoden, EDM Sarah Boardman, DM Maria Armstead, DM Karen Ashley, and my Consultants, many of whom will be DMs, by the time this is published. I wish I could name all of you, but you know who you are! I love your enthusiasm and desire. Keep persevering, knowing that it is not always easy, but if you work consistently and live in abundance, you too will get there! I cannot wait to see your dreams come true. I am honored to work with all of you.

To my upline NVP Kim Mylls, ENVP Shari Weller and ENVP Hope Baker: Thank you for your leadership and vision. I am blessed to call you my friends.

EDM Denise Mitton, EDM Jill Foley and EAM Dr. Kimberly Lunaas.



Stacey's family: Husband, Darren and children, Caitlyn and Parker.

To my sideline sister, ERVP Beth Malcook, your friendship and mentorship has been a gift. You have become one of my closest friends.

To my family and in-laws: Thank you for all your behind the scenes support. It means the world to me that you believe in me and understand why I am passionate about this business.

To Caitlyn and Parker: I adore you and love you with all of my heart. You are the reason that I am building for the future. Thank you for letting mommy be gone for a little while, so I can be there for you forever. And to Yvonne: I am blessed to have you as part of my family. You have been the glue that has held us together this past year. I am truly indebted to you.

In loving memory of my husband, Darren: There was nothing like having my best friend in my corner all the time. You were my biggest fan. You believed in me, supported me, and encouraged me when I doubted myself. In your life, you taught me how to love unconditionally. In your death, I am reminded that life is short and precious, and that each day is a gift. You have taught me great lessons. I promise to share this gift and live life to the fullest until we meet again.

To anyone thinking of starting an Arbonne business: In the face of my tragedy, I have realized that adversity takes many forms and comes when we least expect it. Believe that you have choices. Arbonne has been the lighthouse in my storm. No matter what life throws at you, choose to live your dreams, even when you have to learn to dance in the rain.

Members of  
“Dr. Bean's DreamTeam”  
Region at NTC 2008  
Atlanta.



Stacey with President Rita Davenport and upline NVP Kim Mylls at ACTNow Minneapolis.